

Menu


March 04 – 08, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
BBQ / Wok	Grilled steak (turkey breast) with green pepper sauce and rosemary potatoes (2,3,13,34) € 4.70	Closed	Asia wok with chicken and vegetables in peanut sauce, served with Mie noodles (4,9,12we,19,20,23,34) € 4.95	Beef rump steak with rosemary potatoes, baked beans, and sour cream (13,21,30) JOB&FIT € 7.00	Freshly breaded coalfish with yoghurt-cucumber dip, potatoes with chive (12we,13,15,17) JOB&FIT € 6.20
Offer of the day	Closed	Pork loin escalope (from rural production group) with gravy and noodles (12we,17,29) € 5.15	Creamy goulash of beef with noodles (4,11,12we,13,17,21,30) € 6.50	Cantonese crusty roast of pork "Guangzhou" with ginger sauce, vegetables, and peanut rice (13,17,20,21,23,29) € 6.60	Closed
Vegetarian / Vegan	Pumpkin lentil dahl with saffron rice, dates, raisins and mallum (24,27) € 5.05	Vegetarian lasagna stuffed with vegetables, with tomato sauce (12we,13,17,21,24,26) € 4.60	Closed	Salad plate with lettuce, cucumber, and radish in orange-mustard dressing, served with no-chicken nuggets and baguette (12hf,12we,18,20,27) € 5.90	Vegan bratwurst with Dijon sauce, fried potatoes, and garnish of cress and roasted onions, salad of carrots (3,4,18,20,27) € 4.85
Lunch 1	Herb quark with radish, chive, and red onions served with salt potatoes and green beans (13,26) JOB&FIT € 4.40	Turkey breast with gravy, rice, and carrots (34) € 4.40	Fried potato noodles with sauerkraut, herbs and onions, plus sour cream and an Apple (12we,13,17,26) € 4.40	Eggs in mustard sauce with chive and salt potatoes Fruit yoghurt (13,18,26) € 4.40	Pan gyros (turkey hen breast) with Tzatziki dip and rice (13,34) € 4.40
Pizza / Pasta	Pizza Salami with Mozzarella cheese and cherry tomatoes (1,2,3,12we,13,20,29,34) € 6.35	Pasta with dried tomatoes, zucchini, aubergine, and broccoli Vegetarian: With hard cheese (2,3,12we,13,21,27) JOB&FIT € 5.55	Spaghetti aglio e olio with olive oil, garlic, chili, and leaf parsley Vegetarian: With hard cheese (12we,13,27) € 4.20	Closed	Vegetarian pizza with feta cheese, cherry tomatoes, and bell pepper (12we,13,20,26) € 5.70
Info box	<p>The salad buffet, the soup buffet, and the desserts are again provided for you at any time. All dishes are also available in reusable packaging. Guests pay a guest surcharge of 30%. Opening hours: Canteen 11:30 a.m. – 2 p.m. The vending machine in the Canteen foyer can be used 24 hours/day.</p>				

List of Ingredients

- 1** With dyes
- 2** With preservatives
- 3** With antioxidant
- 4** With flavor enhancer
- 5** With phosphate
- 6** Surface waxed
- 7** Sulphurated
- 8** Blackened
- 9** With sweetener
- 10** Contains phenylalanine source
- 11** May contain residual alcohol
- 12** Cereals and cereal products containing gluten
(We - Wheat, Ry - Rye, Sp – Spelt, Gr – Green spelt, Ba – Barley, hf-oat)
- 13** Milk and milk products
- 14** Crustaceans and products thereof
- 15** Fish and fish products
- 16** Molluscs and products thereof
- 17** Eggs and egg products
- 18** Mustard and products thereof
- 19** Sesame seeds and sesame products

- 20** Soy and soy products
- 21** Celery and products thereof
- 22** Nuts
(Al – Almond, Pi – Pistachios, Ha – Hazelnut,
Wa – Walnut, Ma – Macadamia nut, Ca – Cashew)
- 23** Peanuts and peanut products
- 24** Sulphur dioxide and sulfides
- 25** Lupines and lupine products
- 26** Vegetarian
- 27** Vegan
- 28** Meat and meat products
- 29** Pork
- 30** Beef
- 31** Veal
- 32** Venison
- 33** Lamb
- 34** Poultry

The offers/components with the JOB & FIT logo  correspond to the "DGE quality standard for catering in businesses" and have been certified as a menu line by the German Nutrition Society (DGE).

*According to BIO certification DE-ÖKO-006